

# REGISTER NOW



## ISPAE 2025

Nagpur

9<sup>th</sup> Biennial Meeting of  
**Indian Society for Pediatric and  
Adolescent Endocrinology (ISPAE)**  
14<sup>th</sup> to 16<sup>th</sup> November 2025 | Radisson Blu Hotel, Nagpur

A day long learning in  
**Pediatric Endocrinology for Pediatricians**

———— 16<sup>th</sup> November 2025 ————

**Consultant Rs. 1,500/-**

**PG Residents Rs. 1,000/-**

**CLICK TO REGISTER**

16<sup>th</sup> November 2025

| TIME                                                              | TOPIC                                                                                                                                                                                                                                                                                                  | SPEAKER                                                                                                                                                                   |
|-------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08:00 am - 09:00 am                                               | <b>Poster Presentation</b><br>Organizers - <b>Dr. Nikhil Lohiya</b> and <b>Dr. Anshika Singh</b>                                                                                                                                                                                                       |                                                                                                                                                                           |
| 09:00 am - 10:00 am                                               | <b>Oral session / Papers</b><br>Moderator: <b>Dr. Deepa Anirudhan</b><br>Judges: <b>Dr. PSN Menon, Dr. Anju Seth, Dr. M Vijayakumar</b>                                                                                                                                                                |                                                                                                                                                                           |
| 10:00 am - 10:30 am                                               | <b>Panel Discussion</b><br>Approach to failure to thrive                                                                                                                                                                                                                                               | Moderator:<br><b>Dr. Dhivyalakshmi J</b><br>Panelists:<br><b>Dr. Nikhil Lohiya,</b><br><b>Dr. Parvathy L,</b><br><b>Dr. Diksha Shirodkar,</b><br><b>Dr. Atul Gupta</b>    |
| 10:30 am - 10:50 am<br>10:50 am - 11.10 am                        | Chairperson: <b>Dr. Akanksha Parikh, Dr. Bhanu Bhaktri</b><br>Management of child born Small for Gestational Age<br>Delayed Puberty                                                                                                                                                                    | <b>Dr. Rajni Sharma</b><br><b>Dr. Anna Simon</b>                                                                                                                          |
| 11:10 am - 11:45 am                                               | <b>Panel Discussion</b><br>Screening and diagnosis of congenital hypothyroidism                                                                                                                                                                                                                        | Moderator:<br><b>Dr. Mahesh Maheshwari</b><br>Panelist:<br><b>Dr. Riaz I,</b><br><b>Dr. Shaila Pachapure,</b><br><b>Dr. Ruchi Shah,</b><br><b>Dr. Hari Mangtani</b>       |
| 11:45 am - 12:00 pm                                               | <b>Tea Break</b>                                                                                                                                                                                                                                                                                       |                                                                                                                                                                           |
| 12:00 pm - 12:20 pm<br>12:20 pm - 12:40 pm<br>12:40 pm - 01:00 pm | Chairperson: <b>Dr. Om Lakhani, Dr. Meena Kumari</b><br>An update on evaluation and management of juvenile thyroid disorders<br>Excellence with new generation Insulins: Advancing from Basal Bolus regimen ( <i>Sponsored by Novo Nordisk</i> )<br>Technology in Diabetes Management - A quick update | <b>Dr. Subrata Dey</b><br><br><b>Dr. Tushar Godbole</b><br><br><b>Dr. Archana Arya</b>                                                                                    |
| 01:00 pm - 01:30 pm                                               | <b>Panel Discussion</b><br>Tips for office management of Type 1 diabetes mellitus                                                                                                                                                                                                                      | Moderator:<br><b>Dr. Kavitha Bhatt</b><br>Panelists:<br><b>Dr. Deepa Anirudhan,</b><br><b>Dr. Anshika Singh,</b><br><b>Dr. Lokesh Sharma,</b><br><b>Dr. Saurabh Uppal</b> |
| 01:30 pm - 02:10 pm                                               | <b>Lunch Break</b>                                                                                                                                                                                                                                                                                     |                                                                                                                                                                           |

**16<sup>th</sup> November 2025**

| TIME                                                              | TOPIC                                                                                                                                                                               | SPEAKER                                                                                                                                                                 |
|-------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 02:10 pm - 02:30 pm<br>02:30 pm - 02:50 pm<br>02:50 pm - 03:10 pm | Chairperson: <b>Dr. Vijay Jaiswal, Dr. Vikas Mehrotra</b><br>Childhood Obesity - What is new?<br>Adolescent Menstrual disturbances<br>Precocious Puberty - How to solve the puzzle? | <b>Dr. Rajesh Khadgawat</b><br><b>Dr. Preeti Dhabadghao</b><br><b>Dr. Ravindrakumar</b>                                                                                 |
| 03:10 pm - 03:40 pm                                               | Panel discussion:<br>Common endocrine disorders encountered in NICU                                                                                                                 | Moderator:<br><b>Dr. PSN Menon</b><br>Panelist:<br><b>Dr. Shalmi Mehta,</b><br><b>Dr. Pavithra Nagaraj,</b><br><b>Dr. Amarnath Kulkarni,</b><br><b>Dr. Ruchi Parikh</b> |
| 03:40 pm - 04:00 pm<br>04:00 pm - 04:20 pm                        | Chairperson: <b>Dr. Ayesha Ahmed</b><br>Management of Cushing Syndrome<br>Screening a neonate for CAH - What should a paediatrician know?                                           | <b>Dr. Vani H N</b><br><b>Dr. Vijaya Sarathi</b>                                                                                                                        |
|                                                                   | <b>High Tea and Valedictory</b>                                                                                                                                                     |                                                                                                                                                                         |